

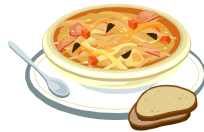
SCRIP

Future SCRIP Card ordering dates... February 22, March 22, April 19 and May 17. All orders must be received in the school by 9:00 am on order days. Contact the school office if you have questions.

SCRIP on hand – The school office will have a few SCRIP Cards on hand in the office for those last minute shopping sprees. We will have on hand the following... Wal-Mart, Dunham's, Burger King, KFC, Kmart, Pizza Hut and McDonald Food and Family. We would suggest you call ahead to be sure we have the cards you need; these will be on a first pay first get basis.

PTL ADVENT SOUP SUPPERS

PTL Advent Soup Suppers on Wednesday, February 17, 24 and March 3 serving from 5 p.m. to 6:45 p.m. before Advent services at 7 p.m. Anyone wishing to make a cake or dessert for any of these evenings, please contact Sharon Finkel or Suellen Emerick.



NEW TEACHER AIDE

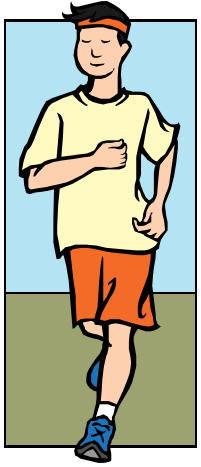
We are blessed to have the services of Becky Grim, a longtime Lutheran school teacher at Zion, to work on Fridays in our school (enrichment and remedial activities). In order to engage her, we need to acknowledge her service through gifts. Thus we seek your generous spirit! Gift cards and certificates (example: Walmart, North Shore Grocery, McDonald's Food, Ziel's Zoom Zone, Citgo in HB) in the amount of \$25 each. will serve nicely, or you can donate cash in any amount. We will pool weekly into \$25 gifts. All donations should be given at the school office or Paula Cepelcha.

SUPPORT LEARNING WITH HEALTHY HABITS

Life is so busy these days that sometimes the basics—including sleep, exercise and nutrition—fall by the wayside. Yet making time for these necessities improves other parts of life, including learning.

Experts say:

- Children with poor sleep habits are more likely to have academic difficulties. School-age kids still need plenty of sleep (up to 12 hours, depending on age).
- Exercise is good for the body—and the mind! It stimulates the brain in ways that help with learning.
- Healthy meals help kids do their best in school. Meals eaten at home tend to be more nutritious than meals eaten elsewhere.



MAKE CONSEQUENCES MAKE SENSE!

Your child rushes through homework or puts it off so long that half of it doesn't get done. Is banishing him to his room the best option? Maybe not. To send a clear message about his behavior, choose a logical consequence. For example:

- Insist he/she redo their entire assignment more neatly.
- Have him/her complete unfinished work over the weekend.

